



# Carrington Junior School

Newsletter – 23rd January 2026

Believe . Achieve . Succeed

# Message from Mrs Cameron

Dear parents and carers,

It has been wonderful to see so many Year 3 parents in the classrooms this week visiting to see some of the learning that has been taking place as well as reading with their children. We look forward to the visits to other year groups before half term. (Please see the calendar to check for the dates published at the start of term).

This week many children have taken part in the playground activity Bingo Challenge. They have a variety of challenges to take part in, from telling jokes, to greeting adults formally, and taking part in different sports and games. This week we have had volleyball, football, foursquare and other team games taking place across our playtimes, with plenty of skipping ropes out every break time. Why not ask your child which activities they have taken part in during their breaks?

Best wishes, Mrs Cameron



# Celebrating Year 3

- Year 3 have been enjoying DT recently. The children have been learning all about seasonal foods and from where in the world they come from.
- After taking part in a taste testing lesson last week, the children then completed a food wheel to organise the different tastes and textures.
- This week, with help from Mrs Webb, the children have had the opportunity to design and cook their own seasonal vegetable tarts and take them home to enjoy!



# Celebrating Year 4

In their states of matter topic, Year 4 have been investigating the effect heat has on melting. They created a fair test by only changing the variable of the temperature of water. They then observed to see the effect this had on blocks of chocolate floating on top. Here are some photos of 4S during their investigation.

In Maths, we have been looking at the perimeter of regular and irregular polygons.



# Celebrating Year 5



This week the children have started to look at short division. Some children have found this easier than others, once again down to their multiplication knowledge. If the children do not confidently know their multiplication facts then short division is a much harder task for them to complete. So, please continue to support your child with their times tables - in whatever form that may be, verbal questioning, songs, writing them out, TTTS.

In English, the children have started a new unit on Spooky scientists. Looking at the language and devices used to create spooky atmospheres in texts such as Frankenstein and Jekyll and Hyde. The children have discovered the meaning of many new words this week, which we hope they will use in their own narrative this unit.

In art, continuing the Architecture unit, the children created a fact file and pictures in the style of Hundertwasser. And in DT, the children were making bridges using spaghetti - testing out what makes the bridges stronger or weaker.

In Science the children researched famous scientists who have discovered facts about Earth and space.

# Celebrating Year 6

In Year 6 this week we have started our new maths unit on understanding decimals and continued to write our Victorian letters using show don't tell to build the tension in our writing. During DT, we have started preparing our wood to assemble an Automata Toy. We had lots of discussion about using tools safely and then the children used their measuring skills to accurately measure and cut the wood and dowel to size.



# Celebrating Blossom



Blossom Class have been having some super and brilliant afternoons this week. Here is a small snapshot of what we have been up to:

Years 3 and 4 have enjoyed planning and designing in their DT lesson, getting excited about making their own tasty tarts. And in their DT lesson, Year 5 took on the challenge of building bridges out of pasta – a tricky task but they showed great perseverance and did not give up!

This week, in their social skills session, everyone worked beautifully as a team playing their own game of Guess Who, which they created their own characters for in ICT.



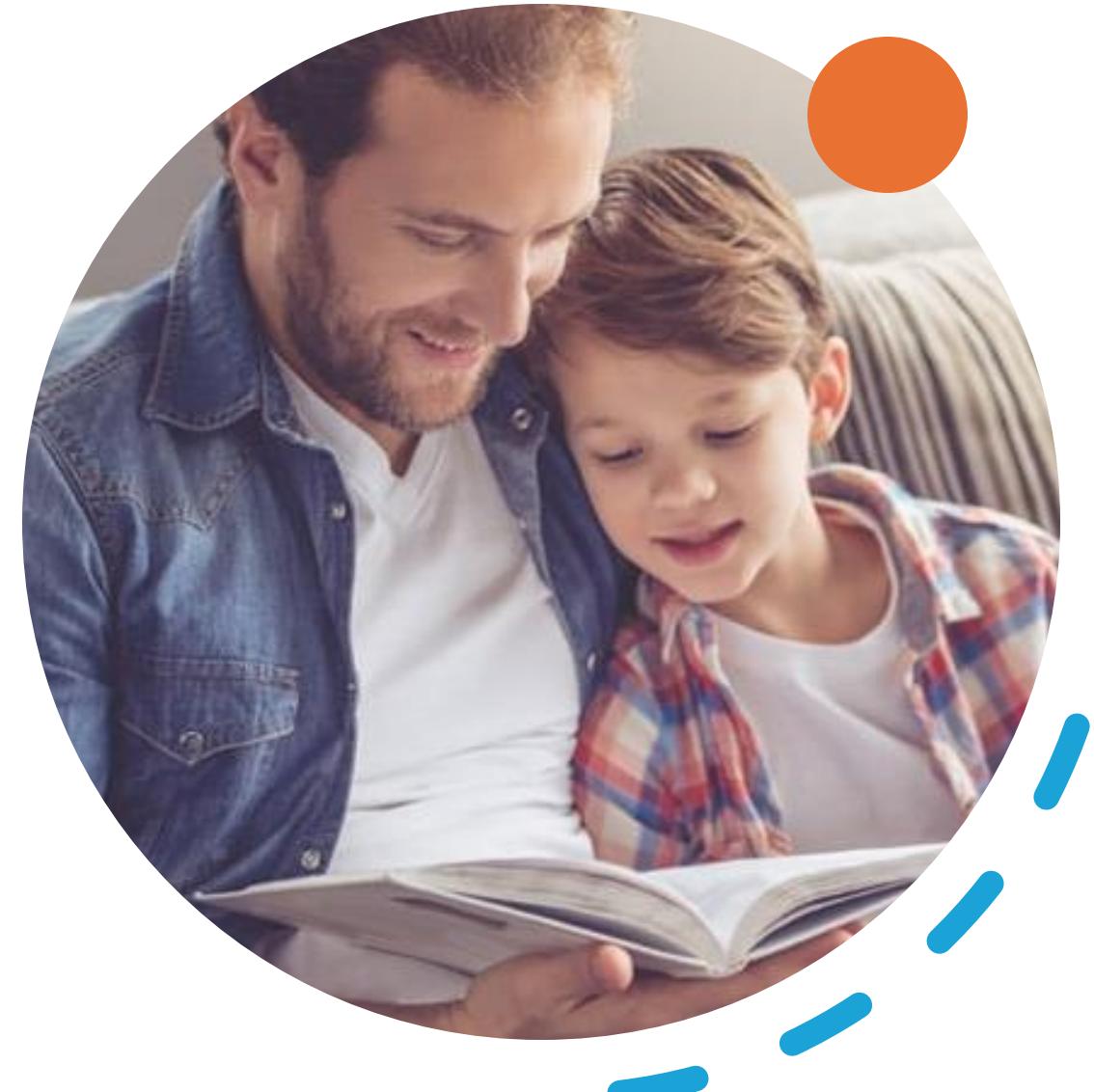
# Reading and writing Showcases

Parents / grandparents are invited to visit the children in their classrooms to look at some of their latest work, and to share books together.

Year 3 had their showcase session this week and Year 4, 5 and 6 are coming up as follows:

- **Tues 3 Feb** – Y6 Reading and Writing Showcase at 2.45pm
- **Wed 4 Feb** – Y5 Reading and Writing Showcase at 9:00am
- **Wed 11 Feb** – Y4 Reading and Writing Showcase at 2:15pm

We look forward to seeing you at school.



# Key Dates for your Diary

- **Tues 3 Feb** – Y6 Reading and Writing Showcase at 2.45pm
- **Wed 4 Feb** – Y5 Reading and Writing Showcase at 9:00am
- **Wed 11 Feb** – Y4 Reading and Writing Showcase at 2:15pm
- **w/c 16 Feb** – Half term
- **w/c 23 February** – Y6 PGL residential trip at The Pioneer Centre
- **Tues 3 & Wed 4 March** – Parents Evening (more to follow)
- **DATE CHANGE** – **Thur 12 March** – Class Photos
- **Tues 17 March** – Mad Science Assembly
- **Thurs 19 March** – The Wizard of Oz Panto visiting school
- **Thur 26 March** – Y4 trip to London Zoo
- **Fri 27 March** – Y3 Easter Assembly at 9.30 am, families invited
- **Fri 27 March** – 1.15pm finish for Easter Holiday

## Joint Federation Events:

- **Thur 5 March** – World Book Day – wear PJs / comfortable leisure wear



The full School Calendar is [here](#)  
(also available on the Eschool App)

# The impact of mobile phones

There has been a lot of information in the press this week about smart phone use for children. Why not listen to this extract from an audio book called [The Anxious Generation](#), which explores how phones can have an impact on children's brains and behaviours.



If you create an open dialogue with your child before something happens, or they see something they aren't sure about, they are more likely to talk to you about it and seek your guidance.



**Australia have banned social media for under 16s. What do you think about this?**



0 - 11 Years old

**No phone**

We're not saying 'no internet' or 'no screens'. But barring some exceptions, most primary aged kids don't need a phone of their own.



11 - 14 Years old

**First phone**

A simple phone for communication but without social media or web browsers. Shared access to family laptop or other devices.



14 - 16 Years old

**Follow on phone**

Introduce a smartphone with parental controls and clear boundaries around apps and daily usage.



16+ Years old

**Smartphone**

Older teens are better equipped to manage the complexities of constant internet and social media access.

## ***‘What I wish my parents or carers knew...’: a guide for parents and carers on managing children’s digital lives***

Parenting today can feel overwhelming — especially when childhood looks so different from what we grew up with. There’s no manual, and it can be hard to keep up with the fast-changing digital world your child moves through every day. This guide aims to make those conversations easier and help you support your child with confidence.

[Read guide >](#)



## Changing habits keep

# you healthy...all year long!

Our free Beezee Families programme is here to help you feel healthier and happier as a family.

### Top Tips to brave those winter mornings

**Keep hydrated:** This is a sure-fire way to get our bodies fired up in the mornings. A fresh glass of water will give your body the boost it needs to start the day.

**Breakfast:** There is a reason it holds the title as the most important meal of the day! Make sure little (and grown up) tum's don't leave the house empty, it's important to have a good healthy breakfast to give our bodies the energy they need.

**Sleep:** Its important no matter your age to get enough sleep and sticking to regular sleep patterns can help support this.

Beezee  
**FAMILIES**



### Healthy lunch boxes

Keeping school lunch boxes interesting can be a challenge at the best of times so we appreciate how hard it is to make sure they are kept healthy too.

But healthy doesn't have to be a chore, it can actually make life much easier!

Fruit is a great way to give little ones a boost of energy and if bought in packs will generally last the whole week and keep costs down too. A satsuma, banana or small handful of grapes will add a tasty (and vibrant) addition to their lunch boxes.



### Fresh air fix

It's tough during the colder months to find ways to get our much-needed Vitamin D. Fresh air is a great way to improve both our physical and mental well-being and even short bursts of outdoor time can make a big difference.

Try swapping the car or bus for a short walk from time to time or get the little ones wrapped up and outside for a quick play in the park.



Scan here

or

Click the link



bhb.maximusuk.co.uk

### Want more healthy lifestyle support?

Check out our website to find out how we can help your family.\*

\*Our courses are designed for families with children aged 5 and up.



# COMMUNITY DAY AT OUR HOUSE

WYCOMBE WANDERERS VS PETERBOROUGH UNITED

SATURDAY 24<sup>TH</sup> JANUARY | KO 3PM  
ADAMS PARK, HP12 4HJ

17 &  
UNDER

£5

ADULTS &  
CONCESSIONS

£10

It's Community Day at Our House, including:

- Special family package with food and activities in the Swan Lounge
  - Stadium tours
- Pop-up shop with great deals
  - Football challenges
  - Fun for all the family

BOOK YOUR  
TICKETS:



[tickets.wwfc.com](http://tickets.wwfc.com) | Find out more: [wwfc.com](http://wwfc.com) | Latest updates @wwfcofficial



Professionals  
welcome

We are excited to announce  
a new partnership  
between  
Harmony Alternative Education Ltd &  
Wycombe Wanderers Foundation  
offering a



## MONTHLY SEND CAFE NEW!

10-11am on the last Tuesday of every month  
(from January 2026)

NO  
NEED TO  
BOOK JUST  
TURN UP

Adams Park, home of Wycombe Wanderers Football Club

Hillbottom Rd, High Wycombe HP12 4HJ

Parents/  
guardians &  
family members  
welcome

Volunteers  
welcome

We warmly welcome you to our NEW  
community SEND hub to connect,  
relax and access advice and support  
for education-related matters

primary &  
secondary

If you have any questions, please do not hesitate to email  
[victoriab@harmonycbc.co.uk](mailto:victoriab@harmonycbc.co.uk)

